

**Monterey Bay Endoscopy Center, LLC
Monterey Bay GI Consultants, Inc.**

Extended prep instructions
for Screening and Recall Colonoscopies
scheduled by clinical phone interview.

For patients with constipation. Your doctor has instructed an extended bowel prep for your procedure to ensure adequate preparation.

Please make sure to complete the following instructions in addition to your prescribed preparation instructions.

Your procedure may be cancelled due to inadequate bowel preparation.

1. Take two (2) Senna tablets, nightly. Starting 5 days prior to your procedure.
2. Drink 1 bottle (60ml) of Milk of Magnesia OR 1 bottle of Magnesium Citrate (whichever is currently available) 2 days prior to the procedure, in the evening - followed by 24oz of water.
3. Follow the remaining prep instructions.