

Extended prep instructions

Dr. Isabelle Moonan

Your doctor has instructed an extended preparation for your procedure. Please complete the following instructions in addition to your prescribed preparation instructions.

1. Begin clear liquid diet starting at noon 2 days prior to procedure.
2. Purchase Miralax 119-gram bottle and 32 oz of Gatorade, mix half (1/2) of the 119 gram Miralax bottle (approx. 60 grams) into the 32 oz Gatorade and drink at 4pm 2 days prior to the procedure.
3. Then follow the usual prep instructions for prescribed prep.