

Extended prep instructions

Dr. Michael Le

Your doctor has instructed an extended preparation for your procedure. Please complete the following instructions in addition to your prescribed preparation instructions.

1. **7 Days Prior** - Use MIRALAX (self adjusted), until you have 2 bowel movements a day.
2. **2 Days Prior** - Take one bottle of Magnesium Citrate.
3. **Day Before** - Please follow the instructions given for bowel prep.